

Duck



Tales

Yard Sale/Bake Sale

Are you planning to do your spring cleaning soon? Do you have bags or boxes of stuff you've already set aside? Please donate your items to the 4th Annual BLST Flying Ducks Yard Sale. Items requested: Children's clothes, books, games, toys, household items, furniture, bikes, tools, jewelry, etc. Please NO computers or monitors (they do NOT sell and are difficult to dispose of). If you have items that just won't fit in your car, just let us know. We are planning to rent a U-haul to pick up items in the surrounding neighborhoods.

So you say you already did your spring cleaning, and didn't keep anything for the yard sale? That's OK. We are also asking for baked goods that we can sell. We will gladly accept cookies, cakes, pies, brownies, etc. This is our primary fundraiser for the season, and the proceeds from the sale are used to keep the cost of team membership down, so help us out with all your unneeded items or baked goods.

The sale will be held Saturday, May 12, at the Taylor's home at 9501 Westmoreland Avenue in Manassas. This is right on the corner of Westmoreland and Lomond Drive and is a fantastic location for a yard sale. Please watch for upcoming announcements regarding drop-off times and locations. If rain is forecast, please consider loaning us your tent/cabana for the event. (We know there are one or two out there.)

As always, we need people to help with this sale. We need parents and swimmers to help set up, sort and price items on Friday evening and to help during the sale on Saturday morning. The more the merrier! The past sales have produced a fantastic response from the team and earned over \$1,000 for the team. This is a great volunteer opportunity for all families to help come out and pitch in for the Flying Ducks.

Ice Cream Social

As hard as it may be to believe, it's almost that time of year again. The annual Ice Cream Social is scheduled for Thursday, May 17, from 6:30 to 8:00 p.m. at the Barn (Ben Lomond Community Center). You will have an opportunity to meet with some of this year's coaches and share a bowl of ice cream with friends. We will also have Riptide Swim & Tri there for anyone who wants to order a team suit. Thanks to the wonderful response from local sponsors, we are including a free T-shirt for each registered swimmer again this year.

We will be accepting registration for the summer swim season at all remaining Winter Clinic sessions as well as the Ice Cream Social. We will have the web site set up to accept on-line registration soon, but there will be a discount for anyone paying by cash or check. This year, the cost will be \$115 per swimmer **paid in full by cash or check on or before May 20**; \$120 per swimmer who registers on-line on or before May 20; or, \$130 for any swimmer registered after May 20. The registration form is available on the team web site under the Documents tab, and we will have extra copies with us at both locations.

Free Silicone Cap

New for this year: anyone who recruits a new swimmer to the team will receive a free silicone cap. Anyone recruiting more than one swimmer gets a special prize.

Leukemia and Lymphoma Society Swim-a-thon

Come out, have some fun, and help someone. If you like to swim, then this is for you. There will be a swim-a-thon to benefit the Leukemia and Lymphoma Society on Saturday, May 5 from 12:00 to 1:30 p.m. at the Manassas Park Recreation Center.

Contact April (aprillovespets@aol.com 703-965-4474) or Kerrie (bunnyrocks@yahoo.com 703-586-3382) for pledge forms. All forms and more information can also be found under the events tab then the Leukemia swim-a-thon sub menu on Ben Lomond Flying Ducks Swim Team's web site. This is not a Flying Duck sponsored event, but it is a chance to swim for a great cause.

2012 BLST SWIM MEET SCHEDULE

June 9 Time Trials 2012

June 16 @ Lake Manassas

June 23 @ Meadowbrook

June 30 vs Stonewall

July 7 vs Dale City

July 14 @ Wellington

July 21 vs Brookside

July 28 Divisional's (@ Veterans Park vs. Stonewall)